

Table 6. Distribution of stress scores for pregnant women at bed rest.

Antepartum Hospital Stressors Inventory	n*	X	±SD
Seperation	52	2.43	0.97
6. Sleeping alone	52	2.30	1.11
7. Being away from my job	4	2.00	0.00
10. Being away from home	52	2.53	0.13
19. Being away from my husband	52	2.76	0.88
22. Being away from habitual works	52	1.92	0.43
32. Being away from my friends	52	2.23	0.98
47. Being away from my family	52	3.27	1.25
Environment	52	2.19	0.95
16. Sleeping in an unknown bed	52	2.48	0.64
20. Lack of privacy	52	2.92	1.01
25. Boredom of being idle	52	2.56	0.78
26. Eating hospital meals	52	1.92	0.20
28. Hearing pulses from the monitor	52	1.61	0.15
35. Noise disturbance of hospital staff	52	2.97	1.09
38. Dependence on hospital staff for room cleaning	52	1.53	0.44
39. Noise disturbance in the hospital	52	2.38	0.95
40. Sharing the room with other patients	52	1.38	0.44
Health Status	52	2.72	0.66
3. Medication	52	2.88	0.79
4. Anxious about my own health	52	2.23	0.47
9. Tests	52	2.38	1.03
14. Anxious about my baby's well-being	52	3.61	1.26
27. Concerns about duration of hospitalization	52	3.30	1.17
36. Concerns about the well-being of other patients	52	2.15	0.54
44. Concerns about test results	52	2.44	0.48
48. Being tired of staying in bed	52	2.79	0.88
Communication with Health Providers	52	2.08	0.69
5. Trying to understand the explanations of test results	52	1.84	0.56
12. Trying to understand the medical terminology	52	2.39	0.89
13. Too much information about my status	52	1.84	0.34
33. Lack of information about my status	52	3.18	1.63
41. Hasty attitudes of nursing staff	52	1.69	0.87
45. Talking about myself to health professionals whom I don't know	52	1.0	0.5
49. Diverse and varying opinions of health professionals	37	2.55	0.74